

HAPPY JULY 2021!

YES, WE ARE OPEN! Our Wolcott Senior Center re-opened the doors on Monday, June 7 to welcome back our smiling seniors! Beginning Monday, July 12, we will be open regular hours from 8:30 AM-3:30 PM Monday-Thursday and close at 12:00 PM on Friday. Regular activities will resume on Monday, July 12. We will begin in-person exercise classes Monday-Thursday at 10:00 AM and Chair Yoga on Thursdays at 11:00 AM. We will continue to zoom all exercise classes for seniors who wish to participate in the comfort of their home. Bingo will begin on Wednesday, July 14 from 12:30 PM-3:00 PM. We will be using disposable paper bingo sheets so please bring your own daubers or bingo chips.

As of May 19, 2021, Governor Lamont lifted restrictions on wearing a mask indoors for fully vaccinated people and we will abide by these recommendations. We strongly suggest that non-vaccinated people continue to wear a mask inside the senior center. If you need a disposable mask to wear, they are available at each entrance of the building. We have wall mounted hand sanitizers located on the inside walls at each entrance for you to use as you enter the building and portable sanitizers will be at each table.

Daily lunches from New Opportunities are on “hold” for now until their congregate meal program resumes for all senior centers. If any senior is interested in congregate lunches provided by New Opportunities, please call us at 203-879-8133. To qualify, you must be at least 60 years of age. The suggested donation for lunch is \$3.00.

We are continuing with weekly breakfasts and lunch specials giving a choice to “eat-in” or “drive through”. (Coffee will be served for “eat-in” only.) A **“BIG THANKS”** to all the seniors who have supported all our drive-through breakfasts & lunch specials! Call the center to order!

July Breakfast Menu: Call for reservations for “eat-in” or “take-out”—203-879-8133 Time: 8:30-9:30 AM

Friday, July 9—Sausage Pattie, Egg & Cheese on a Toasted Roll w/ Fruit--\$2.00

Wednesday, July 14—Bacon, Egg & Cheese on a Toasted Roll w/ Pastry--\$2.00

Friday, July 23—Blueberry Pancakes w/ Bacon & Pastry--\$2.00

Thursday, July 29—Bacon, Egg & Cheese on a Toasted Roll w/ Fruit--\$2.00

July Lunch Specials Menu: Call for reservations for “eat-in” or “take-out” –203-879-8133 Time: 11:30 AM

Thursday, July 8—2 pcs Cheese Pizza w/ Salad & Dessert--\$3.00

Thursday, July 15—Home-Made Meatball Sub w/ Mozzarella Cheese, Chips & Dessert--\$3.00

Wednesday, July 21—Tuna Salad w/ Lettuce on a Roll w/ Chips & Dessert--\$3.00

Wednesday, July 28—Ham & Cheese w/ Lettuce on a Sub Roll w/ Chips & Dessert--\$3.00

Our bus trips will resume in July and will adhere to capacity limits (if any) per Gov. Lamont. Hand sanitizer and sanitizing wipes are available on the bus. **All seniors must wear a mask while riding the bus.** All bus trips will be posted on our Senior Center information board to sign up. Stop in to see what is happening!

Senior Bus Trips--Sign up at the Senior Center:

Wed. July 7—9: 00 AM-Bus leaves for shopping at The Christmas Tree Shop

Tues. July 13—11:00 AM-Bus leaves for lunch at The Great Taste of China

Wed. July 21—9:45 AM-Bus leaves for shopping at Boscovs

Tues. July 27—10:00 AM-Bus leaves for Abbotts Lobster in The Rough or Costello’s Clam Shack—Masks required in restaurant.

SENIOR BUS—Our Senior bus is operating M-F from 8:30 AM to 4:00 PM with last pick up at 3:30 PM, for doctor’s appointments, grocery shopping, and errands. To schedule bus service, call the bus line at 203-879-2078 and leave your name, phone number, your address, and address where you wish to go, along with requested date and time for bus pick up. A minimum of 48 hours’ notice is needed for scheduling bus service. **All seniors must wear a mask while riding the bus.**

DIAL-A-RIDE BUS—This bus service is available to Wolcott residents, 60 years of age and older or handicapped individual on Fridays only. For a full description of services, go to the www.wolcottct.org website. Appointments are to be scheduled by Monday or Tuesday for transport on Friday for doctors' appointments and grocery stores. Bus pick-ups begin at 9:00 AM and drop off at 3:30 PM. The areas of service include Wolcott, Waterbury, Thomaston, Watertown, Prospect, Naugatuck, Middlebury and Cheshire. Due to limited seating and times, reservations should be made as soon as possible. If you are interested in this bus service, please call the bus line at 203-879-2078. If you are currently not a participant, we will be happy to help you fill out the application.

COVID-19 VACCINE INFORMATION--There are currently 3 different vaccines available for distribution: Pfizer-2 shot vaccine, Moderna-2 shot vaccine and Johnson & Johnson-1 shot vaccine. Please check with your doctor to see if you can receive the vaccine and which would be the best choice for you. **Getting a vaccine is the best line of defense against the Covid-19 virus.** It is projected that Connecticut may even achieve "herd immunity" from Covid-19 as early as this summer **IF** the availability of the vaccines meets the level of demand.

We have established a **Covid-19 hotline** at our senior center to help people locate a vaccine site or answer any questions. **Our hotline number is 203-718-5900 from 9:00 AM-1:00 PM Monday through Thursday.**

Our newsletter is available on the Wolcott website at www.wolcottct.org under senior center along with general information.