



DECEMBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Choose MyPlate.gov		Suggested donation is \$3.00 per meal	Turkey/gravy Herb stuffing Bean blend Corn bread Warm Apple crisp	Spanish Baked fish Spanish rice Broccoli Wheat bread Cranberry juice, Pineapple
Herb roasted chicken Oven roasted sweet potato, Peas and onions Biscuit, Applesauce	Meatloaf/gravy Smashed potato California blend Wheat dinner roll Fresh fruit	LUNCH SPECIAL Cheese Pizza w/ Tossed Salad & Dessert \$3.00pp	Butternut squash soup Crab cake/ tartar sauce Confetti rice Roman blend Pumpernickel bread Pears	Portuguese grilled chicken w/ onion and tomato Boiled potato, Green beans Dinner roll, Orange juice Diet fruited jello
Light crunch fish w/ gravy, Cranberry rice Winter blend veg Wheat bread, Pineapple juice, Chocolate pudding	Chicken gumbo soup Spaghetti and meatballs Caesar salad with Caesar dressing Italian bread, Fruit cocktail	LUNCH SPECIAL Beef Stew w/ Dinner Rolls, Tossed Salad & Dessert \$3.00 pp	Pot roast/gravy Mashed potato French green beans Wheat dinner roll Mixed fruit juice Pie	Chicken fajitas w/ grilled pepper & onion, Wheat tortilla, Corn and black beans, pineapple BREAKFAST Sausage, Egg & Cheese
Beef Wellington Twice baked potato Peas and Mushrooms Snowflake dinner roll Holiday Cake CHRISTMAS SPECIAL	CHRISTMAS PARTY Turkey Breast w/ gravy, Stuffing, Ham,, Mashed Potatoes, Veg, Tossed Salad, Dessert & Bev \$7.00 pp PAY BY DEC 15	LUNCH SPECIAL Soup & Sandwich Turkey & Vegetable Soup w/ Tuna Salad on a Roll, Chips & Dessert--\$3.00 pp	Lentil soup Roast beef/gravy Baked potato, Broccoli Wheat bread, Cake BREAKFAST Blueberry Pancakes w/ Bacon	CLOSED
CLOSED	BBQ chicken Macaroni and cheese Mixed vegetables Cornbread Apricots	LUNCH SPECIAL Cheese Pizza w/ Tossed Salad & Dessert-\$3.00pp BREAKFAST Bacon, Egg & Cheese	Pot roast w/ gravy Potato Latkes w/ Applesauce, Carrots Rye Bread, Jelly Dounts CHANUKAH HOLIDAY SPECIAL	Panamanian stewed chicken White rice Seasoned pinto beans with peppers Dinner roll Tropical fruit



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